



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
1	337	Pedro Cruz	00:37:47	00:37:45	1	M	Senior	1
2	329	Jorge Cruz	00:37:52	00:37:50	2	M	V55	1
3	351	Manuel Mendes	00:38:41	00:38:38	3	M	V35	1
4	319	David Karim	00:38:48	00:38:45	4	M	V40	1
5	116	Gil Novo	00:38:53	00:38:48	5	M	Senior	2
6	452	Luis Júnior	00:39:25	00:39:20	6	M	V35	2
7	416	Afonso Antunes	00:39:28	00:39:26	7	M	Junior	1
8	520	Vasco Ribeiro	00:40:42	00:40:40	8	M	Senior	3
9	320	João Mendonça	00:42:00	00:41:50	9	M	Senior	4
10	408	Marcos Estrela	00:42:10	00:42:02	10	M	Senior	5
11	273	António Martinho	00:43:18	00:43:11	12	M	V45	1
12	260	Joao Meira	00:43:18	00:43:08	11	M	V35	3
13	503	Luís Serra	00:43:42	00:43:35	13	M	Senior	6
14	333	Tiago Barros	00:43:44	00:43:39	14	M	V45	2
15	193	Nelson Diogo	00:43:57	00:43:48	15	M	V40	2
16	308	Francisco Gonçalves	00:44:04	00:44:01	18	M	V50	1
17	323	Luís Nunes	00:44:07	00:44:00	17	M	V40	3
18	145	Joel Silva	00:44:08	00:43:58	16	M	Senior	7
19	390	Rui Ascensão	00:44:19	00:44:14	19	M	V45	3
20	540	Miguel Carvalho	00:44:19	00:44:14	20	M	Senior	8
21	165	Miguel Amaral	00:44:48	00:44:45	21	M	V40	4
22	376	Ricardo Rodrigues	00:45:34	00:45:23	23	M	Senior	9
23	554	Pedro Pereira	00:45:37	00:45:32	24	M	V50	2
24	372	Nelson Santos	00:45:38	00:45:21	22	M	V40	5
25	279	Teotónio Neto	00:45:45	00:45:39	25	M	V55	2
26	466	André Nazaré	00:45:45	00:45:40	26	M	Senior	10
27	491	Margarida Araújo	00:45:46	00:45:41	27	F	Senior	1
28	247	João Ribeiro	00:45:59	00:45:48	28	M	V45	4
29	548	Mário Marques	00:45:59	00:45:56	29	M	V45	5
30	357	Joaquim Cunha	00:46:30	00:46:29	31	M	V50	3
31	210	Jose Aires	00:46:41	00:46:24	30	M	V40	6
32	398	Rui Duarte	00:46:59	00:46:30	32	M	V40	7
33	216	Nuno Pita	00:47:11	00:47:04	33	M	V45	6
34	113	Raphael Oliveira	00:47:18	00:47:04	34	M	V35	4
35	52	Renata Fernandes	00:47:23	00:47:18	35	F	V40	1
36	139	Maria Lucas	00:47:24	00:47:19	36	F	V55	1



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
37	403	Rogério Oliveira	00:47:42	00:47:35	37	M	V40	8
38	59	Fernando Alves	00:47:44	00:47:40	38	M	V45	7
39	464	Miguel Tomé	00:48:02	00:47:43	39	M	V40	9
40	178	Rui Henriques	00:48:14	00:48:01	40	M	V50	4
41	44	João Carvalho	00:48:17	00:48:11	41	M	V50	5
42	307	Sérgio Ferreira	00:48:22	00:48:14	43	M	V45	8
43	266	José Martins	00:48:26	00:48:13	42	M	Senior	11
44	93	Paulo Gomes	00:48:35	00:48:26	44	M	V45	9
45	270	Inês Cunha	00:48:43	00:48:36	45	F	Senior	2
46	412	João Pires	00:48:51	00:48:41	46	M	V50	6
47	49	Carlos Matos	00:48:58	00:48:47	47	M	V35	5
48	230	Francisco Miranda	00:49:12	00:49:03	48	M	V60	1
49	141	Vitor Moreira	00:49:15	00:49:06	49	M	Senior	12
50	214	Rodrigo Deus	00:49:18	00:49:07	50	M	V40	10
51	305	Rui Alves	00:49:23	00:49:08	51	M	V45	10
52	433	Helder Tavares	00:49:24	00:49:16	53	M	V45	11
53	143	Sergio Amador	00:49:26	00:49:14	52	M	V45	12
54	237	Ricardo Jerónimo	00:49:38	00:49:24	56	M	V35	6
55	345	Diogo Santos	00:49:39	00:49:35	58	M	V45	13
56	198	Diogo Duarte	00:49:47	00:49:23	55	M	V45	14
57	370	João Rodrigues	00:49:49	00:49:28	57	M	V50	7
58	551	Luis Lopes	00:49:49	00:49:41	59	M	V45	15
59	82	Filipe Pinheiro	00:49:53	00:49:22	54	M	Senior	13
60	476	Joao Passeiro	00:50:00	00:49:46	60	M	V55	3
61	442	Fernando Rodrigues	00:50:04	00:49:54	62	M	V55	4
62	347	João Camilo	00:50:11	00:49:53	61	M	Senior	14
63	177	José Albuquerque	00:50:15	00:50:05	63	M	Senior	15
64	512	José Silva	00:50:16	00:50:10	64	M	V35	7
65	513	José Veríssimo	00:50:16	00:50:12	66	M	V45	16
66	498	Nuno Silva	00:50:18	00:50:10	65	M	Senior	16
67	101	Manuel Borges	00:50:35	00:50:24	67	M	V50	8
68	184	Bruno Soares	00:50:38	00:50:26	68	M	V35	8
69	420	Jose Concha	00:50:39	00:50:36	72	M	V55	5
70	73	Abílio Oliveira	00:50:40	00:50:34	71	M	V55	6
71	544	Jorge Dias	00:50:44	00:50:40	76	M	V55	7
72	277	Ines Botelho	00:50:46	00:50:42	78	F	Senior	3



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
73	362	Luis Meirinhos	00:50:47	00:50:30	70	M	V45	17
74	89	Dario Bento	00:50:48	00:50:41	77	M	Senior	17
75	344	Hugo Brito	00:50:53	00:50:29	69	M	V40	11
76	553	Gilson Silva	00:50:53	00:50:45	79	M	V40	12
77	223	Carlos Branco	00:50:53	00:50:38	73	M	V50	9
78	159	Paulo Amaral	00:50:57	00:50:40	75	M	V55	8
79	366	Carlos Pereira	00:50:57	00:50:38	74	M	V35	9
80	367	Nuno Cruz	00:51:12	00:51:04	81	M	V40	13
81	121	Pedro Miranda	00:51:14	00:50:56	80	M	Senior	18
82	110	Carlos Goncalves	00:51:22	00:51:20	85	M	V70	1
83	332	Filipe Ferreira	00:51:25	00:51:18	84	M	V40	14
84	527	Miguel Martins	00:51:29	00:51:26	88	M	V45	18
85	458	Ricardo Albano	00:51:31	00:51:14	83	M	Senior	19
86	377	Rafaela Gonaçlves	00:51:32	00:51:28	89	F	Senior	4
87	350	Thomas Chen	00:51:32	00:51:32	92	M	V40	15
88	75	Luis Chaves	00:51:35	00:51:23	87	M	V45	19
89	167	Rui Costa	00:51:36	00:51:31	91	M	V35	10
90	79	Bruno Silva	00:51:36	00:51:06	82	M	V40	16
91	385	Rui Nogaró	00:51:37	00:51:20	86	M	Senior	20
92	437	Rute Ribeiro	00:51:40	00:51:28	90	F	V35	1
93	285	António Martins	00:51:41	00:51:32	93	M	V55	9
94	470	João Pereira	00:51:42	00:51:37	94	M	V50	10
95	191	Nuno Rodrigues	00:51:52	00:51:48	95	M	V40	17
96	328	Manuel Fidalgo	00:52:31	00:52:20	98	M	V50	11
97	264	Carlos Florência	00:52:32	00:52:11	96	M	V35	11
98	489	Henrique Coelho	00:52:44	00:52:20	97	M	V40	18
99	315	Alexandre Sandinha	00:52:46	00:52:25	99	M	V35	12
100	500	Rogério Venâncio	00:52:47	00:52:43	104	M	V65	1
101	129	Tiago Cordeiro	00:52:50	00:52:31	100	M	V40	19
102	48	Deivid Borba	00:52:50	00:52:43	103	M	V35	13
103	138	Delphine Cambolin	00:52:54	00:52:46	105	F	V50	1
104	468	Carlos Freire	00:52:55	00:52:40	102	M	Senior	21
105	321	Pedro Aparício	00:52:57	00:52:36	101	M	V40	20
106	303	Paula Fernandes	00:53:06	00:53:01	110	F	V55	2
107	253	David Almeida	00:53:07	00:52:57	107	M	V35	14
108	161	Nuno Prata	00:53:13	00:53:06	112	M	V50	12



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
109	51	Fernando Ortega	00:53:21	00:53:09	113	M	V45	20
110	510	Rui Nogueira	00:53:22	00:53:05	111	M	V50	13
111	440	Arlindo Deus	00:53:25	00:53:11	116	M	V70	2
112	368	Nuno Duarte	00:53:26	00:53:00	108	M	V45	21
113	107	Patricia Matos	00:53:28	00:53:22	118	F	V45	1
114	369	Pedro Canelas	00:53:28	00:53:22	119	M	V50	14
115	475	Francisco Bragança	00:53:29	00:52:56	106	M	V35	15
116	33	Fernando Marques	00:53:30	00:53:00	109	M	Senior	22
117	449	Tiago Gomes	00:53:30	00:53:10	115	M	Senior	23
118	431	David Pires	00:53:30	00:53:09	114	M	Senior	24
119	224	Rui Martins	00:53:35	00:53:24	121	M	V45	22
120	424	Ricardo Cardoso	00:53:36	00:53:20	117	M	Senior	25
121	313	António Matos	00:53:38	00:53:35	129	M	V60	2
122	80	David Cachopo	00:53:39	00:53:24	120	M	Senior	26
123	341	Bruno Almeida	00:53:42	00:53:31	124	M	V35	16
124	70	Andrea Oliveira	00:53:42	00:53:34	128	F	V35	2
125	234	Arselino Preto	00:53:46	00:53:32	125	M	V40	21
126	352	Ruben Silva	00:53:46	00:53:34	126	M	V65	2
127	295	Norberto Marques	00:53:46	00:53:30	123	M	V50	15
128	128	Aldina Marques	00:53:49	00:53:36	131	F	V50	2
129	298	Henrique Dias	00:53:50	00:53:26	122	M	V65	3
130	105	Filipe Caixinha	00:53:51	00:53:36	130	M	V40	22
131	462	Alfredo Falcao	00:53:53	00:53:46	134	M	V55	10
132	358	Pedro Sousa	00:53:53	00:53:43	133	M	V35	17
133	41	Rita Lopes	00:53:54	00:53:54	137	F	Senior	5
134	392	Nelson Arango	00:54:00	00:53:55	138	M	V40	23
135	40	Rui Galdes	00:54:00	00:53:55	139	M	V45	23
136	375	Miguel Redmont	00:54:00	00:53:41	132	M	V50	16
137	133	Mário Nunes	00:54:01	00:53:34	127	M	V50	17
138	23	Raquel Pardelhas	00:54:07	00:53:57	142	F	Senior	6
139	309	Nuno Oliveira	00:54:07	00:53:56	140	M	V50	18
140	505	Ricardo Campos	00:54:11	00:54:00	143	M	V45	24
141	374	Nelson Pinto	00:54:14	00:53:57	141	M	V40	24
142	474	Lauro Filho	00:54:18	00:54:11	147	M	V35	18
143	208	João Anjos	00:54:19	00:54:02	145	M	V50	19
144	410	Taís Rosa	00:54:20	00:54:02	146	F	Senior	7



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
145	539	Guilherme Veiga	00:54:25	00:53:52	135	M	Senior	27
146	336	João Martinho	00:54:25	00:53:52	136	M	Senior	28
147	199	Rui Aldeano	00:54:27	00:54:01	144	M	V35	19
148	478	Gracinda Fernandes	00:54:30	00:54:13	148	F	V50	3
149	363	Rocco Donato	00:54:35	00:54:31	150	M	V55	11
150	471	Rui Figueiredo	00:54:40	00:54:36	153	M	V45	25
151	537	Manuel Fonseca	00:54:46	00:54:41	155	M	V55	12
152	532	Vadim Migirin	00:54:51	00:54:45	156	M	V50	20
153	67	Hugo Moreira	00:54:51	00:54:27	149	M	V40	25
154	111	Manuel Santos	00:54:55	00:54:34	151	M	V50	21
155	330	Sérgio Dias	00:54:57	00:54:40	154	M	V40	26
156	94	Paula Gomes	00:54:59	00:54:50	159	F	V45	2
157	186	Pedro Carvalho	00:55:00	00:54:35	152	M	Senior	29
158	31	Ana Franco	00:55:04	00:54:58	161	F	V40	2
159	439	Jose Branco	00:55:04	00:54:50	158	M	V70	3
160	545	Guilherme Moreira	00:55:05	00:54:57	160	M	V50	22
161	472	Luis Jorge	00:55:07	00:54:47	157	M	Senior	30
162	69	Ricardo Santos	00:55:25	00:55:17	165	M	V40	27
163	66	Joaquim Palmeiro	00:55:27	00:55:16	164	M	V50	23
164	299	José Fidalgo	00:55:28	00:55:14	162	M	V55	13
165	425	Duarte Pereira	00:55:32	00:55:16	163	M	Senior	31
166	160	Ângelo Vieira	00:55:37	00:55:19	166	M	V45	26
167	118	José Melo	00:55:47	00:55:38	167	M	V60	3
168	549	Adriano Monteiro	00:55:48	00:55:39	168	M	Senior	32
169	217	José Rodrigues	00:55:58	00:55:48	172	M	V55	14
170	256	André Coelho	00:56:07	00:55:50	173	M	Senior	33
171	61	Pedro Monteiro	00:56:09	00:55:57	175	M	V45	27
172	192	Bruno Fernandes	00:56:10	00:55:44	169	M	Senior	34
173	222	Lizender Vasconcelos	00:56:10	00:55:46	170	M	V40	28
174	137	Ricardo Vaz	00:56:10	00:55:46	171	M	V35	20
175	317	Henrique Lopes	00:56:15	00:55:55	174	M	Senior	35
176	529	Ivo Costa	00:56:18	00:56:08	181	M	V40	29
177	428	João Rocha	00:56:19	00:55:57	176	M	Senior	36
178	427	Pedro Santos	00:56:19	00:55:59	177	M	Senior	37
179	547	Jose Rodrigues	00:56:19	00:56:06	179	M	V60	4
180	84	Pedro Serra	00:56:23	00:56:13	183	M	V45	28



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
181	103	Catarina Jorge	00:56:23	00:56:19	184	F	Senior	8
182	348	Marcelo Carracha	00:56:27	00:56:02	178	M	Senior	38
183	407	Paulo Barata	00:56:31	00:56:08	180	M	V50	24
184	522	João Simões	00:56:37	00:56:12	182	M	Senior	39
185	293	Tomás Correia	00:56:48	00:56:33	187	M	Senior	40
186	391	Paulo Ivas	00:56:51	00:56:31	186	M	V45	29
187	226	Henrique Silva	00:56:51	00:56:38	190	M	Senior	41
188	187	Paulo Almeida	00:56:51	00:56:34	188	M	V45	30
189	151	Luis Correia	00:56:52	00:56:28	185	M	Senior	42
190	360	João Calisto	00:56:55	00:56:47	192	M	V60	5
191	106	Ana Henriques	00:56:55	00:56:49	193	F	V45	3
192	180	Pedro Silva	00:56:56	00:56:41	191	M	Senior	43
193	469	Simão Fernandes	00:57:03	00:56:37	189	M	V40	30
194	123	Ricardo Flacho	00:57:07	00:56:56	194	M	V40	31
195	104	Susana Méha	00:57:18	00:57:03	195	F	V35	3
196	162	Carolina Prata	00:57:20	00:57:13	199	F	Senior	9
197	443	Sandra Costa	00:57:23	00:57:05	196	F	V50	4
198	406	Duarte Inocentes	00:57:25	00:57:05	197	M	Senior	44
199	296	Eurico Teixeira	00:57:25	00:57:07	198	M	V40	32
200	168	Fernando Fernandes	00:57:29	00:57:16	203	M	V35	21
201	536	Hugo Marques	00:57:32	00:57:14	200	M	V40	33
202	286	Nelson Silva	00:57:37	00:57:16	201	M	V45	31
203	287	Sofia Ferreira	00:57:38	00:57:16	202	F	V40	3
204	16	Sara Ferreira	00:57:48	00:57:34	206	F	V40	4
205	538	Luís Correia	00:57:48	00:57:30	204	M	V55	15
206	83	Nuno Marcos	00:57:49	00:57:30	205	M	V40	34
207	441	Paulo Pais	00:57:54	00:57:37	207	M	V55	16
208	436	Fernanda Ferreira	00:57:54	00:57:37	208	F	V45	4
209	171	Durvalino Ribeiro	00:57:54	00:57:44	211	M	V40	35
210	477	João Sanches	00:57:55	00:57:47	212	M	V60	6
211	423	Pedro Pinto	00:58:01	00:57:38	209	M	V35	22
212	11	Catarina Jorge	00:58:03	00:57:40	210	F	V35	4
213	206	Pedro Alfaro	00:58:08	00:57:48	213	M	V45	32
214	502	João Santos	00:58:09	00:57:58	215	M	Senior	45
215	17	Vasco Novera	00:58:18	00:58:08	220	M	Senior	46
216	22	João Morgado	00:58:19	00:58:09	221	M	Senior	47



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
217	243	João Gaspar	00:58:21	00:57:53	214	M	Senior	48
218	530	Lingjiang Xu	00:58:21	00:58:18	224	M	V50	25
219	290	Rui Pinto	00:58:28	00:58:04	216	M	V50	26
220	380	Carlos Neves	00:58:28	00:58:15	222	M	V40	36
221	21	Pedro Teigas	00:58:34	00:58:06	218	M	V45	33
222	29	Renato Pauleta	00:58:34	00:58:05	217	M	V55	17
223	146	Rita Vaz	00:58:37	00:58:28	225	F	Senior	10
224	34	Bruno Pinto	00:58:49	00:58:40	227	M	V40	37
225	501	José Moura	00:58:52	00:58:40	228	M	V35	23
226	144	Rita Correia	00:58:59	00:58:35	226	F	V40	5
227	354	Gonçalo Silva	00:59:03	00:58:52	230	M	V40	38
228	281	Carlos Antunes	00:59:11	00:58:58	233	M	V35	24
229	275	Jorge Sousa	00:59:12	00:58:49	229	M	Senior	49
230	196	Henrique Clemente	00:59:22	00:58:53	231	M	V35	25
231	188	Bibiana Farias	00:59:24	00:58:58	232	F	V40	6
232	60	Vanda Tolentino	00:59:27	00:59:23	239	F	V45	5
233	311	João Póvoas	00:59:29	00:59:15	236	M	Senior	50
234	166	João Valeriano	00:59:29	00:59:04	234	M	Senior	51
235	543	Luis Palma	00:59:34	00:59:18	237	M	V50	27
236	47	Luís Revés	00:59:35	00:59:14	235	M	V45	34
237	45	Miguel Dias	00:59:38	00:59:26	240	M	V50	28
238	497	Nuno Alves	00:59:39	00:59:21	238	M	V45	35
239	120	Magadiel Lopes	00:59:42	00:59:32	241	M	V50	29
240	302	Volodymyr Shparenko	00:59:49	00:59:45	244	M	Senior	52
241	97	João Pereira	00:59:55	00:59:46	245	M	V55	18
242	487	Manuel Rego	01:00:02	00:59:35	242	M	V50	30
243	62	Eduardo Luiz	01:00:04	00:59:52	246	M	Senior	53
244	430	Filipe Correia	01:00:08	00:59:52	247	M	Senior	54
245	181	Pedro Faustino	01:00:09	00:59:44	243	M	V35	26
246	396	Jorge Ramos	01:00:14	01:00:00	250	M	V40	39
247	508	Joaquim Cardoso	01:00:14	00:59:59	249	M	V45	36
248	300	Beatriz Mano	01:00:15	00:59:58	248	F	Senior	11
249	516	Daniel Jesus	01:00:19	01:00:12	251	M	V55	19
250	435	Nuno Anjos	01:00:21	01:00:16	252	M	V55	20
251	335	Patrícia Monteiro	01:00:25	01:00:17	253	F	V45	6
252	176	Mafalda Padeira	01:00:44	01:00:22	255	F	Senior	12



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
253	411	Sandra Torres	01:00:44	01:00:22	256	F	V40	7
254	248	Jorge Pereira	01:00:45	01:00:18	254	M	V40	40
255	397	João Moreira	01:00:46	01:00:37	259	M	V50	31
256	278	Jorge Camoegas	01:00:51	01:00:36	257	M	V40	41
257	395	Lucinda Henriques	01:00:51	01:00:41	262	F	V70	1
258	88	Carla Silva	01:00:55	01:00:36	258	F	V45	7
259	63	Telmo Vieira	01:00:55	01:00:38	260	M	Senior	55
260	27	Fernando Santos	01:01:12	01:00:40	261	M	V35	27
261	14	Maria Holstein	01:01:14	01:00:50	263	F	Senior	13
262	282	Jorge Ferreira	01:01:15	01:01:01	264	M	V55	21
263	523	André Sarafana	01:01:22	01:01:02	265	M	V40	42
264	535	Carlos Pires	01:01:27	01:01:13	266	M	Senior	56
265	504	Carla Ribeiro	01:01:32	01:01:13	267	F	V50	5
266	331	Miguel Ribeiro	01:01:32	01:01:14	268	M	V50	32
267	454	Victor Riscado	01:01:36	01:01:15	269	M	V50	33
268	39	Lucas Dourado	01:01:37	01:01:23	270	M	Senior	57
269	473	Catarina Gusmao	01:01:42	01:01:26	271	F	V35	5
270	450	Mafalda Pinheiro	01:01:43	00:58:17	223	F	V35	6
271	486	Nuno Simão	01:01:43	01:01:39	274	M	V50	34
272	414	Rodrigo Costa	01:01:44	00:58:08	219	M	V35	28
273	90	Sue Ellen	01:01:52	01:01:29	273	F	Senior	14
274	91	Renato Silva	01:01:52	01:01:28	272	M	Senior	58
275	517	Ana Aleixo	01:01:53	01:01:46	277	F	V40	8
276	291	Bernardo Reis	01:02:02	01:01:45	275	M	Senior	59
277	432	Tiago Silva	01:02:04	01:01:46	276	M	Senior	60
278	149	Paula Machado	01:02:06	01:01:54	280	F	V65	1
279	203	Madalena Vassalo	01:02:06	01:01:47	278	F	V35	7
280	213	Joana Silva	01:02:07	01:01:47	279	F	Senior	15
281	163	Luís Hortêncio	01:02:21	01:02:00	281	M	V45	37
282	490	Jorge Correia	01:02:21	01:02:09	283	M	V50	35
283	209	Hélia Pocinho	01:02:25	01:02:04	282	F	V40	9
284	26	António Alves	01:02:29	01:02:21	287	M	V55	22
285	534	Paulo Ferreira	01:02:30	01:02:24	288	M	V45	38
286	509	Nuno Alves	01:02:31	01:02:12	284	M	V40	43
287	57	Célia Dias	01:02:34	01:02:25	289	F	V45	8
288	294	Cláudia Moreira	01:02:38	01:02:19	285	F	V40	10



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
289	342	Paulo Ferreira	01:02:43	01:02:26	290	M	V50	36
290	255	Nélio Silva	01:02:46	01:02:19	286	M	V35	29
291	263	Andreza Araujo	01:02:49	01:02:40	293	F	V45	9
292	371	Sonia Gomes	01:02:49	01:02:26	291	F	V45	10
293	185	Luis Pinto	01:03:01	01:02:41	294	M	V40	44
294	334	Carla Santos	01:03:02	01:02:56	295	F	V40	11
295	409	Pablo Fraga	01:03:04	01:02:37	292	M	V40	45
296	467	David Gonçalves	01:03:11	01:03:01	297	M	V45	39
297	258	Angélica Meira	01:03:26	01:03:00	296	F	V40	12
298	481	Ricardo Nogueira	01:03:28	01:03:07	298	M	V45	40
299	483	Antonio Nogueira	01:03:28	01:03:08	299	M	V50	37
300	496	Sergio Patricio	01:03:31	01:03:27	302	M	V40	46
301	514	Ana Neto	01:03:32	01:03:26	301	F	V40	13
302	444	José Costa	01:03:38	01:03:20	300	M	V60	7
303	122	Bruno Judas	01:03:40	01:03:34	304	M	V35	30
304	238	Jessica Fonte	01:03:46	01:03:31	303	F	Senior	16
305	541	Cristina Romão	01:03:47	01:03:36	305	F	V50	6
306	140	Jose Garcia	01:03:55	01:03:42	307	M	V55	23
307	524	Nelson Pantaleão	01:03:55	01:03:41	306	M	V40	47
308	361	Júlia Calisto	01:03:56	01:03:48	309	F	V55	3
309	158	Ricardo Barbosa	01:03:57	01:03:49	310	M	Senior	61
310	353	Alberto Silva	01:04:06	01:03:54	312	M	V60	8
311	130	Rita Gomes	01:04:11	01:03:43	308	F	Senior	17
312	109	João Gomes	01:04:17	01:03:49	311	M	V55	24
313	542	Maria Preciso	01:04:26	01:03:59	313	F	V45	11
314	96	João Guerreiro	01:04:31	01:04:04	314	M	Senior	62
315	297	José Balula	01:04:34	01:04:07	315	M	V50	38
316	99	Joaquim Mendes	01:04:37	01:04:20	316	M	V55	25
317	254	Alexandre Aires	01:04:43	01:04:33	318	M	Senior	63
318	413	Luis Sousa	01:04:43	01:04:33	319	M	V50	39
319	306	Leonor Farinha	01:04:44	01:04:31	317	F	V55	4
320	492	José Baptista	01:04:45	01:04:34	320	M	V65	4
321	152	Diogo Almeida	01:04:55	01:04:49	324	M	V35	31
322	555	Paulo Mateus	01:04:56	01:04:36	321	M	V50	40
323	195	Guia Dinis	01:04:58	01:04:49	323	F	V35	8
324	50	Rocío Uribe	01:05:04	01:04:50	325	F	V40	14



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
325	204	João Almeida	01:05:12	01:04:37	322	M	V35	32
326	274	José Araújo	01:05:17	01:05:12	328	M	V55	26
327	117	Joana Silva	01:05:18	01:05:08	327	F	Senior	18
328	479	José Ferraz	01:05:26	01:05:00	326	M	V65	5
329	310	Sara Camões	01:05:53	01:05:38	329	F	V40	15
330	183	Mônica Paias	01:06:03	01:05:41	330	F	V40	16
331	172	Diogo Paias	01:06:03	01:05:41	331	M	V45	41
332	28	Telmo Gaspar	01:06:04	01:05:51	334	M	V40	48
333	58	Rodrigo Correia	01:06:05	01:05:45	332	M	V40	49
334	100	Catarina Correia	01:06:09	01:05:55	339	F	V45	12
335	283	Guilherme Teixeira	01:06:10	01:05:53	335	M	Senior	64
336	182	Ana Jesus	01:06:11	01:05:47	333	F	Senior	19
337	400	Sara Silva	01:06:16	01:05:54	338	F	V50	7
338	383	José Santos	01:06:20	01:06:02	340	M	V65	6
339	154	Sofia Laia	01:06:20	01:06:05	342	F	Senior	20
340	484	Rui Bastos	01:06:21	01:05:53	336	M	V35	33
341	485	Pedro Sacramento	01:06:21	01:05:54	337	M	V35	34
342	245	Antonio Rodrigues	01:06:24	01:06:04	341	M	V40	50
343	434	Leonel Brandao	01:06:25	01:06:07	343	M	V55	27
344	71	Paulo Sabino	01:06:28	01:06:19	344	M	V50	41
345	519	Rita Mina	01:06:35	01:06:28	347	F	V50	8
346	461	António Sampaio	01:06:40	01:06:30	348	M	V40	51
347	429	Gloria Quinteiro	01:06:40	01:06:31	349	F	V40	17
348	465	Vitor Faria	01:06:44	01:06:25	346	M	V50	42
349	194	Nuno Freire	01:06:45	01:06:20	345	M	V50	43
350	356	Isabel Costa	01:06:48	01:06:39	352	F	V45	13
351	381	Maria Sofia	01:06:51	01:06:35	350	F	V45	14
352	312	Carlos Barbosa	01:06:52	01:06:38	351	M	V50	44
353	131	Alexandre Martins	01:06:58	01:06:52	353	M	V45	42
354	112	Fernanda Peixe	01:07:11	01:06:58	355	F	V35	9
355	526	Sonia Ribeiro	01:07:14	01:07:10	357	F	V40	18
356	228	Paulo Silveira	01:07:22	01:07:00	356	M	V40	52
357	417	Nuno Gonçalves	01:07:23	01:06:57	354	M	V65	7
358	301	Tiago Gonçalves	01:07:35	01:07:22	358	M	V45	43
359	480	Sandra Neves	01:07:58	01:07:38	359	F	V45	15
360	189	Joana Tranca	01:07:59	01:07:50	365	F	Senior	21



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
361	25	Lucia Lourenço	01:08:00	01:07:50	366	F	V50	9
362	343	Inês Lagoa	01:08:02	01:07:40	360	F	V35	10
363	401	Vanessa Lima	01:08:02	01:07:40	361	F	Senior	22
364	55	Lara Borges	01:08:03	01:07:50	364	F	Senior	23
365	259	Sara Solano	01:08:17	01:07:47	362	F	Senior	24
366	499	Henrique Ruivo	01:08:17	01:07:49	363	M	V60	9
367	463	Sandra Tomé	01:08:19	01:08:01	367	F	V45	16
368	418	António Pesqueira	01:08:21	01:08:02	368	M	V65	8
369	379	Xiaoke Yin	01:08:26	01:08:05	369	M	V35	35
370	201	Ana Sobral	01:08:36	01:08:22	370	F	V40	19
371	205	Jorge Santos	01:08:57	01:08:33	371	M	Senior	65
372	506	Nelson Melo	01:08:57	01:08:34	373	M	V45	44
373	292	João Borges	01:08:57	01:08:33	372	M	Senior	66
374	239	Julio Marques	01:09:05	01:08:38	375	M	V55	28
375	393	Ricardo Cruz	01:09:06	01:08:34	374	M	Senior	67
376	148	Maria Sousa	01:09:29	01:09:06	376	F	V55	5
377	242	Joao Silva	01:10:09	01:09:55	377	M	V45	45
378	384	Maria Santos	01:10:17	01:10:01	378	F	V60	1
379	102	André Borges	01:10:49	01:10:38	382	M	Senior	68
380	415	Rui Carvalho	01:10:56	01:10:29	379	M	V55	29
381	179	Diogo Chaves	01:11:00	01:10:35	380	M	V40	53
382	136	Nuno Dantas	01:11:06	01:10:37	381	M	V45	46
383	173	Inês Batista	01:11:09	01:10:56	383	F	Senior	25
384	453	Gonçalo Coimbra	01:11:20	01:11:08	384	M	Senior	69
385	422	Ana Pinto	01:11:38	01:11:10	385	F	Senior	26
386	153	Augusto Ferro	01:12:09	01:11:40	387	M	V45	47
387	164	Ricardo Leiria	01:12:09	01:11:41	388	M	V40	54
388	507	Joaquim Franco	01:12:21	01:11:52	389	M	V60	10
389	525	Diogo Franco	01:12:21	01:11:52	390	M	Senior	70
390	373	Teresa Nobre	01:12:24	01:12:14	394	F	V50	10
391	132	Carla Nunes	01:12:31	01:12:02	391	F	V40	20
392	236	Armando Rodrigues	01:12:35	01:12:05	392	M	V35	36
393	241	Silvia Pinto	01:12:39	01:12:24	396	F	V45	17
394	533	José Santos	01:12:44	01:12:15	395	M	V60	11
395	169	Gonçalo Veiga	01:13:06	01:11:36	386	M	Senior	71
396	382	João Ilharco	01:13:11	01:12:54	397	M	V40	55



CORRIDA 10KM CLASSIFICAÇÃO'22

Lugar	Dorsal	Nome	Tempo Oficial	Tempo Chip	Lugar Chip	Sexo	Escalão	Lugar Escalão
397	207	João Barata	01:13:20	01:13:10	398	M	Senior	72
398	142	Rebeca Calhau	01:13:28	01:13:19	400	F	V45	18
399	546	Luísa Santos	01:13:37	01:13:18	399	F	V50	11
400	550	Renata Silva	01:14:56	01:14:48	401	F	V40	21
401	125	Olivia Lucas	01:16:18	01:15:53	403	F	V55	6
402	124	Vitor Lucas	01:16:18	01:15:52	402	M	V55	30
403	459	Mafalda Carracha	01:16:50	01:16:25	404	F	Senior	27
404	518	Maria Silva	01:16:51	01:16:38	405	F	Senior	28
405	460	Tiago Carlos	01:16:55	01:16:42	407	M	V35	37
406	155	Francisco Dias	01:17:00	01:16:45	408	M	Senior	73
407	235	Pedro Nunes	01:17:09	01:16:39	406	M	V35	38
408	314	Joao Boavida	01:17:22	01:17:03	409	M	Senior	74
409	494	Ana Catroga	01:17:31	01:17:13	410	F	V40	22
410	531	Rui Sousa	01:17:48	01:17:20	412	M	V50	45
411	276	Edwlne Neto	01:17:48	01:17:19	411	M	V40	56
412	219	Andre Martins	01:18:28	01:18:19	413	M	Senior	75
413	78	Sandra Martins	01:18:46	01:18:27	414	F	V45	19
414	426	José Catita	01:18:46	01:18:27	415	M	V60	12
415	251	Ricardo Carvalho	01:19:49	01:19:39	418	M	V45	48
416	326	Cristina Vicente	01:19:50	01:19:30	416	F	Senior	29
417	324	Jorge Martins	01:20:04	01:19:38	417	M	V65	9
418	246	Carina Amaro	01:20:25	01:20:01	419	F	Senior	30
419	284	José Canas	01:20:49	01:20:39	420	M	V50	46
420	327	Bogdana Blidari	01:20:59	01:20:40	421	F	Senior	31
421	240	Maria Vieira	01:21:21	01:21:05	422	F	V55	7
422	257	Ana Raposo	01:21:21	01:21:05	423	F	V45	20
423	38	Teresa Florência	01:22:48	01:22:24	424	F	V35	11
424	252	Ana Santos	01:23:20	01:23:09	425	F	V40	23
425	289	Ana Saramago	01:23:44	01:23:22	427	F	V45	21
426	134	Natacha Cabral	01:23:45	01:23:14	426	F	V45	22
427	445	Olga Sanches	01:24:05	01:23:37	428	F	V50	12
428	569	Bruno Santos	01:24:13	01:12:08	393	M	V40	57
429	359	Ana Bexiga	01:25:28	01:24:57	429	F	Senior	32
430	225	Vanda Correia	01:25:44	01:25:21	430	F	V40	24
431	446	Laurinda Sanches	01:27:23	01:26:55	431	F	V50	13
432	457	Clara Pinto	01:27:51	01:27:25	432	F	V65	2



CORRIDA 10KM CLASSIFICAÇÃO'22

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Lugar Chip</i>	<i>Sexo</i>	<i>Escalão</i>	<i>Lugar Escalão</i>
433	249	Susana Nunes	01:29:14	01:28:47	433	F	V40	25
434	86	Nuno Catarino	01:31:22	01:30:55	434	M	V45	49
435	87	Sandra Afonso	01:31:24	01:30:56	435	F	V45	23
436	488	Iolanda Valente	01:31:40	01:31:10	437	F	Senior	33
437	493	João Valente	01:31:40	01:31:08	436	M	Senior	76
438	388	Flavia Cruz	01:35:10	01:34:43	438	F	V45	24
439	404	Elisabete Gaspar	01:35:11	01:34:43	439	F	Senior	34
440	74	Diana Carlos	01:37:05	01:36:36	441	F	Senior	35
441	421	Maria Barata	01:37:06	01:36:35	440	F	Senior	36
442	438	Fock Wan	01:42:35	01:42:12	442	M	V70	4
443	202	Ana Silva	01:43:24	01:42:52	443	F	V45	25
444	200	João Pinto	01:43:24	01:42:52	444	M	V40	58
445	250	Cátia Carvalho	01:43:39	01:43:28	446	F	V40	26
446	447	Dominique Fonseca	01:43:39	01:43:11	445	F	V55	8
447	387	Maria Anjos	01:48:02	01:47:39	447	F	V75	1